Connected Parents = Empowered Kids

Self Awareness is your best strategy to becoming your own Parenting Expert

Join Dr. Adam
Benson and Rev.
Jody Lotito-Levine to
learn an integrative
approach to
parenting.



Let's Connect

It is our belief that we are all born with a natural wisdom inside of us. As we grow many of us lose touch with this intuitive knowing in our efforts to feel safe and adapt to our surroundings. Being reconnected to that wisdom is your best path to healthy parenting.

Space is Limited
Info and RSVP at
dradambenson@gmail.com
or call us at 201-388-0069
www.withjody.com | www.dradambenson.com

This parenting group offers you the opportunity to:

- Develop a deeper understanding of you and your children
- Deepen the connection between you and your children
- Delve into your specific parenting concerns
- Deploy your own natural wisdom as a guide to your parenting

When: June 29 | July 13 | August 3

Where: 12 W. 9th St., Suite 1B, NYC

Time: 7:00 - 8:30pm

Cost: \$30/session | \$75/series of 3